



Physical Therapy

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Physical Therapy

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Massage Therapy

Deep Relief // Peak
Performance
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PRESCRIPTION AND TREATMENT PLAN

Patient Name _____ Date of Birth _____ Phone _____

Diagnosis _____ ICD 10 _____

Date of Injury _____ Date of Surgery _____

Work Comp MVA Private Insurance Other

Insurance: _____ Claim Number _____

Please evaluate and initiate treatment as needed (including re-evaluations)

Frequency: _____ times per week Duration: _____ weeks Total: _____ visits

Specific Treatment Requested:

- | | | |
|---|---|---|
| <input type="checkbox"/> Manual Therapy (Joint/soft tissue mobilization, PROM) | <input type="checkbox"/> Balance Training | <input type="checkbox"/> Post-op Protocol |
| <input type="checkbox"/> Therapeutic Exercise (ROM, stretching, strengthening) | <input type="checkbox"/> Gait Training | <input type="checkbox"/> 97124 |
| <input type="checkbox"/> Neuromuscular Re-education (core stabilization, postural re-education) | <input type="checkbox"/> Modalities (US, E-stim, Laser) | Massage Therapy |
| <input type="checkbox"/> Vestibular Rehabilitation | <input type="checkbox"/> Mechanical Traction | <input type="checkbox"/> Other |
| <input type="checkbox"/> Post-concussion Rehabilitation | <input type="checkbox"/> Sport-Specific Rehabilitation | _____ |
| | <input type="checkbox"/> HEP/Gym Program Development | |

Precautions/Comments _____

I certify that the services rendered under this prescriptions and plan of treatment are reasonable and necessary.

Physician's Name _____ Date _____

Physician's Signature _____